

Avera Orthopedics and Sports Medicine Educational Updates - Bone Health and DXA in Athletes

07/01/2025 to 07/01/2028

Enduring Material

Purpose:

This is a recorded session from the monthly Avera Orthopedics and Sports Medicine Updates Sessions that discusses bone health issues in athletes, understand bone health evaluations in athletes, and learn how to apply DXA when evaluating bone health in athletes.

Objectives:

- 1 Identify Bone Health Issues Encountered in Athletes
- 2 Understand Bone Health Evaluation in Athletes
- 3 Understand the Applications of DXA When Evaluating Bone Health in Athletes
- 4 Develop strategies and a team approach to patient care

Target Audience:

Physician, Nurse - RN, Athletic Trainer, Medical Assistants, Nurse -LPN/LVN

For successful completion:

- Watch video
- Complete post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Athletic Training CE: Avera (BOC AP#: JA0008079) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.00 Category A hour(s)/CEU(s). ATs should claim only those hours actually spent in the educational program.

REMINDER

Attendance can be texted up to 24 hours after the activity



Medical Assistant: This program has been granted prior approval by the American Association of Medical Assistants (AAMA) for 1.00 continuing education unit(s). Granting approval in no way constitutes endorsement by the AAMA of the program content or the program provider. Attendance for this activity will be submitted directly to the AAMA.

Additional Information:

Feedback person for this educational activity is: dustin.gebur@avera.org

Enduring Material available from 07/01/2025 to 07/01/2028

- This course content was reviewed on 06/27/2025

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Dustin Gebur, MSED, ATC	Lead Planner	Nothing to disclose
Mark Ponstein, DPT	Content Expert - Committee Member	Nothing to disclose
Leah Prestbo, MD	Faculty	Nothing to disclose
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose
Hannah Buus, BSN	Lead Planner	Nothing to disclose
Jessica Kober, BSN	Committee Planning Member	Nothing to disclose
Heidi Williams, BS Ed	Committee Planning Member	Nothing to disclose
Cassandra Dominguez, MA	Committee Planning Member	Nothing to disclose

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